

## Animal Experiences!

Thank you to everyone that has already attended events at Princess Christian's Farm this year. There are still plenty more opportunities to visit with more summer fun in August, please see the KASBAH website for further details.

Did you know that you can now book a personal Up Close Animal Experience to have a truly unique day out! Come join your favourite farm animal (choice of animals available; including goats, reptiles, pigs, ponies).

To book: <https://www.tickettailor.com/events/kasbah/1124653>.  
In other "eggciting" news we are pleased to announce that we have now taken delivery of our free range chickens so come and get your fresh eggs when you visit the farm!



### **\*\*AGM Date for Diary 30/09/2024\*\***

We are pleased to confirm that this year we will be holding the Annual General Meeting at Princess Christian's Farm on Monday 30 September 2024 at 11am.

This is a great opportunity for you as members to come and visit our wonderful farm and meet the Service Users, Staff, Board of Trustees and of course our ever growing collection of animals.

Further details will be published over the coming weeks but please keep checking the website [www.kasbah.org.uk](http://www.kasbah.org.uk) as this is where we will upload the Draft Agenda 2024, Audited Accounts 2023-24, Minutes of Meeting 2023 and you will be able to vote electronically if you cannot attend in person.

## Message From Emma.....

Hi Everyone

I hope the brighter and warmer weather has brightened your day. We are planning to hold this year's Annual General Meeting at the farm on 30 September at 11am so please save this date in your diary, it will be a great opportunity to see what the farm has to offer and meet up with the KASBAH staff team and trustees. We are holding regular open events at the farm throughout the year – please go to <https://princesschristiansfarm.kasbah.org.uk/> for further information and are now able to take group bookings and school bookings. There is a large sensory room on-site too. We are here to help when you need us, if you have a need do give us a call.



Best Wishes

Emma

## PIP Reform Proposals

The UK Government has recently issued a Green Paper consultation on proposed reforms to Personal Independence Payments (PIP). Their aim is to cut expenditure on this vital benefit and this move signals what could be the biggest shakeup in the benefits system since PIP was introduced ten years ago.

This is at consultation stage rather than a decision which is happening immediately and it is therefore important that as many people as possible take part in the consultation to give their views and let the Government know what you think and how these proposed changes would impact your life.

**The consultation is open until 22 July 2024.**

For further information and links to organisations that can provide more information on the Green paper and the consultation, please have a look at <https://www.disabilityassist.org.uk> who have explained these proposals in more detail.



The Government paper is **Modernising support for independent living: the health and disability green paper - GOV.UK (www.gov.uk)**

## NHS Information

Your local pharmacist can now treat you and give you medicines for some illnesses without having to see a Doctor first , download an easy read guide from [nhs.uk/thinkpharmacyfirst](https://nhs.uk/thinkpharmacyfirst)

The NHS's **Pharmacy First** service was launched recently and allows community pharmacies to offer treatment for seven common conditions without patients needing to see a GP.

Highly trained pharmacists at more than nine in 10 pharmacies across Kent and Medway can now assess and treat patients for:

- earache (1 to 17-years-old)
- impetigo
- infected insect bites
- shingles (from 18-years-old)
- sinusitis (12-year-olds and over)
- sore throat (5-year-olds and over)
- urinary tract infections (UTIs) (women aged 16 to 64).

Community pharmacy teams have the right clinical training to give people the health advice they need, with no appointment necessary and private consultations available. They can also signpost patients to other local services where necessary.

## SHINE

**Shine—Spina Bifida + Hydrocephalus + Information + Networking + Equality** want to hear from you. They are looking for ways to improve communication and have a survey online that takes around 15 minutes to complete. There is a prize draw of £25 and the survey will close at midnight on Monday 1st July 2024. Use link <https://ow.ly/pFvF50ScKks> or see website <https://www.shinecharity.org.uk/>





## Shortbread House

At Shortbread we have been working hard on our social and artistic skills this year. We have been celebrating, St Patrick's and St George's Day, Burns Night and many more. We have also been out together and service users are spending time together, playing games and going to activities.



## Maddison House

Hi everyone, here at Maddison House, we have been very busy and having lots of fun. We are still doing our exercise class and Zumba, we love to move. Some of us went to see Blankety Blank TV recording with Bradley Walsh. We had a lovely time and might be on the TV very soon! We helped Emily celebrate her birthday by all going into town for a night out, it was great fun but regrettable in the morning.

Eagle heights was a great success. We looked at all of the beautiful birds of prey and other animals and had a picnic lunch. We decorated plates and painted pictures of each other on them, this was very funny.

We went to the circus and saw acrobats, motorcyclists and a human slinky amongst lots of other things, it was all very exciting. We have also been planning all of our summer trips and are looking forward to Chessington, the seaside and a weekend away with SASBAH!





## Rochester Road

At Rochester Road we have been busy with different activities over the past few months. We have been to the London Aquarium, to see Shrek Adventures and a trip on the London Eye! We did some Easter activities within house including Easter cards and clay paintings to give to our family members when we went home for the Easter break.

We did activities for St George's Day by making home made cod and chips, followed by strawberries and yoghurt. We went bowling at Rochester Bowl followed by a meal out at the Seeho in Shorne. We are looking forward to the summer time coming so we can go to the beach. We also welcomed a new staff member called Wayne and we have also said a farewell to Bridget who has left to pursue a new adventure, we wish her all the very best.



## Gingerbread House

Gingerbread House have been enjoying getting out and about when the weather allows and when it doesn't they change their plans and do something different instead! A planned weekend picnic had to be postponed so it turned into a fun afternoon at Gravity in Bluewater, the sun wasn't shining but they still had lots of fun!

When the weather was good, we had a lovely day out heading to Hemsley Conservation Centre in Sevenoaks to see the very cute Meerkats. We would certainly recommend a visit; there were a lot of different rare breeds and animals not commonly seen in other wildlife places.



## Hattie Webb House

The service users at Hattie Webb House have been enjoying their normal weekly activities and accessing their support to get out and about to do what they like doing. We are still hoping for some better weather to be able to make some trips out further afield and are thinking about a break away somewhere together as a house. We have also done some activities together in the house. Thomas enjoys his time down at the farm and particularly liked helping getting the pigs on the scales to be weighed!



## Seabrooke House

Seabrooke House service users have enjoyed various activities and outings in the past few months but the ones that stand out were; a day out to All Hallows and attending a circus show near Millbrook garden centre. Everyone enjoyed themselves and participated in various activities. It was a lot of fun, so much so, they have decided on visiting again soon.

In addition, Dan was away with his Mum and Stepdad on a Cruise holiday visiting various European cities along the way. Dan participated in a silent disco and other activities organised on the ship.





## Princess Christian's Farm

After several months of preparation our attendees took part in the annual Jim Green Competition. This is a competition designed for attendees with physical or learning disabilities. The challenges involved building a scarecrow, planting boards, making models and baking. This year's theme was sheep and our kitchen group excelled with their sheep cup cake entry. So much so they won first prize. Well done to everyone that took part.

We are delighted to tell you that our new free-range unit is finally up and running. After a long wait, 240 chickens were delivered and are settling in nicely. They have started to lay and our attendees are enjoying learning how to care for the birds and using the machine to grade the eggs.

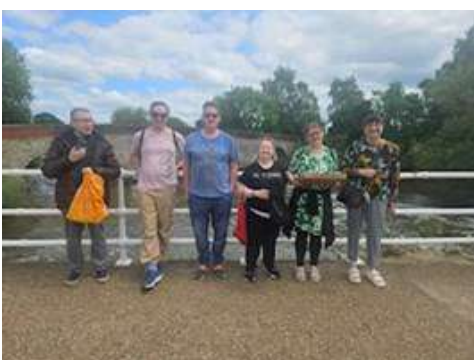
In March we held our first ever quiz night, it was a great success and everyone that came really enjoyed the night. We are planning a second quiz night for Friday 12th July and hope to have just as much fun as the first whist raising valuable funds. If you would like to join in the fun, please get in touch with Sarah at the farm.



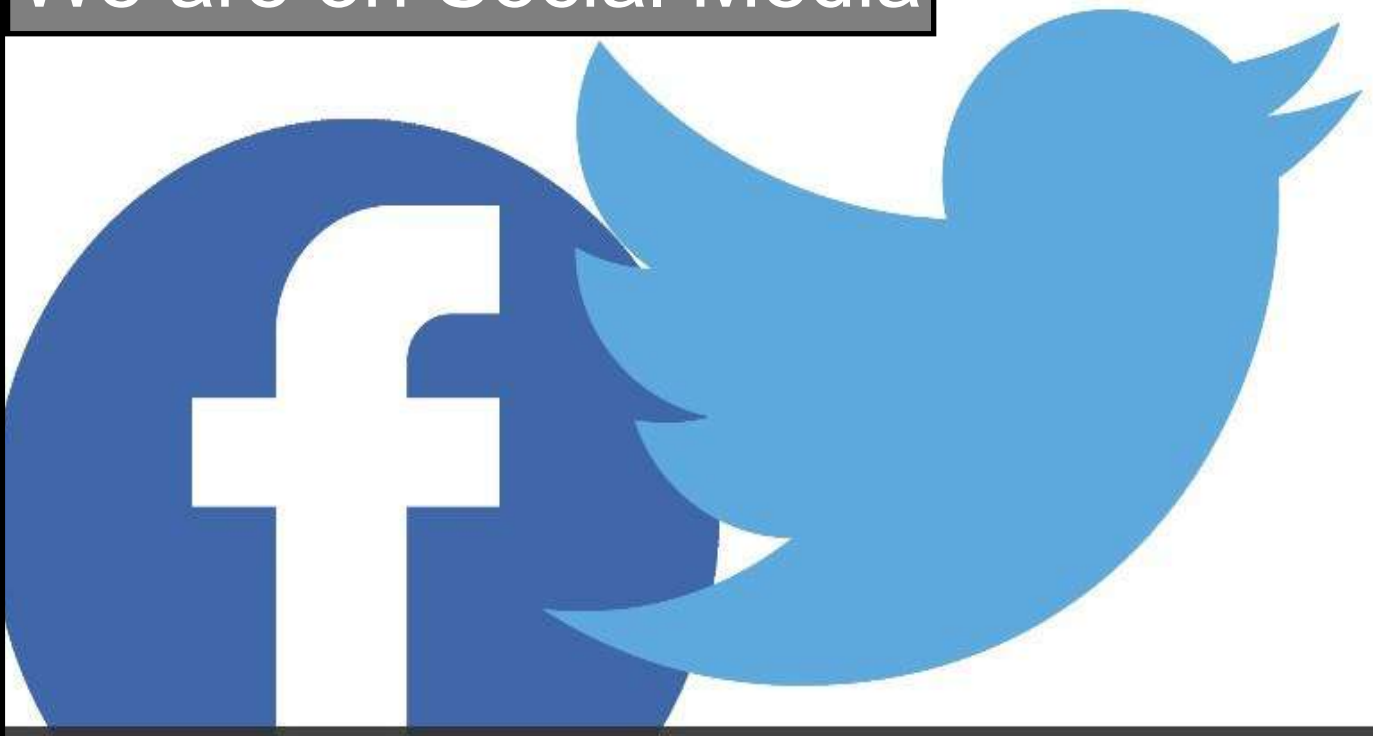
## Outreach Service

The Outreach group have continued to go out and about on their social skills days! We went to Yalding to visit Teapot Island, had a spot of lunch at the Boathouse and a stroll along the river in the sunshine!

We also had another lovely day out at the fire engine museum followed by a meal at the Spring River



We are on Social Media



Follow us on Twitter and Facebook!

**@kasbah\_kent**

**Stay in touch...**

Remember the staff at KASBAH are here  
to support you.

We can be contacted at our main office at

**7 The Hive, Northfleet, Kent, DA11 9DE**

by phone on 01474 536501 or email [admin@kasbah.org.uk](mailto:admin@kasbah.org.uk)

If you have any suggestions or comments for up and coming newsletters, please get in touch

